



Goju Ryu Karate Do

剛柔流空手道協会

カナダ

Kyu Knowledge Requirements

A General Guideline

剛柔流空手道協会

[illegible]



Goju Ryu Karate Do

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剛柔流空手道協会

	Yellow 9th kyu		Orange 8th kyu		Blue 7th kyu		Green 6th kyu		Green WS 5th kyu		Green BS 4th kyu		Brown 3rd kyu		Brown WS 2nd kyu		Brown BS 1 st kyu	
UKE																		
Jo Dan																		
Chudan Uchi																		
Chudan Soto																		
Gedan																		
Harai otoshi																		
Juji																		
Shuto																		
Kuri																		
Osae																		
Sukui																		
Hiza																		
KoKen																		





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Tsuki																		
Shomen	拳		拳		拳		拳		拳		拳		拳		拳		拳	
Shita	拳		拳		拳		拳		拳		拳		拳		拳		拳	
Seiken	拳		拳		拳		拳		拳		拳		拳		拳		拳	
Gyaku	拳		拳		拳		拳		拳		拳		拳		拳		拳	
UCHI					拳		拳		拳		拳		拳		拳		拳	
Shuto							拳		拳		拳		拳		拳		拳	
Haito									拳		拳		拳		拳		拳	
Furi									拳		拳		拳		拳		拳	
Ura (ken)											拳		拳		拳		拳	
Tettsui											拳		拳		拳		拳	
Ippon													拳		拳		拳	
Nakadaka															拳		拳	
Nuki Te																	拳	
Hiji																		





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Geri																		
Mae geri Kekomi																		
Mae geri Keage																		
Yoko geri																		
Mawashi geri																		
Sokuto geri																		
Ushiro geri																		
Mikazuki geri																		
Fumi komi geri																		
Ushiro mawashi geri																		
Kensetsu Geri																		
Tobi Mae Geri																		





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Kihon Ido Ichi		Kihon Ido Ni		Kihon Ido San
Sanchin Dachi		Sanchin Dachi		Sanchin Dachi
Oi zuki		Kake Uke		Jodan Uke, Chudan Uke, Gedan Barai
Gyaku zuki		Tsuki & Keri		
Chudan uchu uke		Joge Uke		Zenkutsu Dachi
Gedan uke				Tsuki & Keri
Joge uke		Zenkutsu Dachi		
		Jodan Uke Gyaku Zuki		
Zenkutsu Dachi		Chudan Uke Gyaku Zuki		
Oi zuki		Gedan Barai Gyaku Zuki		
Gyaku zuki				
Jodan zuki		Shiko Dachi		
Chudan uchi uke		Gedan Barai Gyaku Zuki		
Gedan barai				Kata Ido
				Kihon Kata
Shiko Dachi				Geki Sai
Oi zuki				Saifa
Gyaku zuki				Seiyunchin
Jodan zuki				Sanseiru
Chudan uchi uke				Shisochin
Gedan barai				Seisan
				Seipai
Neko Ashi Dachi				Kururunfa
Suri ashi				Suparunpai
Okuri ashi				
Suri ashi mae geri				
Okuri ashi mae geri				



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KATA																		
Dojo Kata	1		1		1		1		1		1		1		1		1	
Kihon Tsuki no Kata			1		1		1		1		1		1		1		1	
Geki Sai Dai Ichi					1		1		1		1		1		1		1	
Geki Sai Dai Ni							1		1		1		1		1		1	
Saifa							1		1		1		1		1		1	
Sanchin											1		1		1		1	
Kihon Uke no Kata													1		1		1	
Seiyunchin															1		1	
Tensho																	1	
Sanseiru																		
Shi so chin																		
Seipai																		
Seisan																		
Kururunfa																		
Suparunpai																		





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KUMITE				Yellow 9th kyu		Orange 8th kyu		Blue 7th kyu		Green 6th kyu		Green 5th kyu		Green 4th kyu		Brown 3rd kyu		Brown WS 2nd kyu		Brown BS 1st					
Yaku Soku Kumite																									
				1		2		3		4		5		6		7		8		9					
Naka Taka Ken						1		2		3		4		5		6		7		8					
Seiken Zuki								1		2		3		4		5		6		7					
Mawashi Geri								1		2		3		4		5		6		7					
Furi Uchi										1		2		3		4		5		6					
Shuto												1		2		3		4		5					
Riken														1		2		3		4					
Nage																1		2		3					
																		1		2					
Jodan Tsuki																									
Chudan Tsuki																									
Tate Ken																									
Ude Ni Jiri																									
Kansetsu Geri																									
Mae Geri																									
Jiyu Kumite				Good Form		Proper Attitude		Vigorous Application				Awareness Zanshin				Distance Maai				Strategy				Tactics	

